

Our Lady of Lourdes Parish

Mass Reflection Sheet - Levels 7 and 8

First and Last Name _____ Teacher: _____

Mass Reflection Guidelines

The Eucharist is the center of our Catholic faith, and weekly participation in Sunday Mass is an essential part of our life as disciples of Christ.

Students in Levels 7 and 8 are required to personally attend and reflect on three Saturday evening or Sunday Masses during the year.

This reflection should be completed in the student's own words following a Mass they personally attended. Online or televised Masses, or Masses attended by parents without their child, cannot be used.

Completion of all three Mass reflections is required for advancement to the next level of Religious Education.

Due Date: Wednesday students: February 24, 2027
This is a Confirmation Preparation Requirement

Catholic Church Attended: Our Lady of Lourdes Other: _____

Day of Mass: Saturday Sunday Date of Mass: _____

Time of Mass: 5:00pm 7:30am 9:00am 10:30am 12:30pm Other: _____

Name of Celebrant: Monsignor / Father _____

What color was the priest wearing? Purple White/Gold Green Red

This color indicates which Liturgical Season? Ordinary Time Advent Christmas Lent Easter

Writer of the Gospel: Matthew Mark Luke John

1. What stood out most to you in the Gospel? (ie: Did you learn something new? What surprised you, shocked you, made you happy, or brought you peace?)
2. What is something the Priest talked about in his Homily? (ie: How did he relate the readings to everyday life?)
3. Empowered with the love of God in the Eucharist, what can you do this week to put the message of the readings into action? (ie: How will you bring Christ to the world today? What will you do to show God's love to others?)